## May 2007

#### **Invasive Species: Deadly beauty**

Non-native plants, animals and micro-organisms are the second biggest threat to global biodiversity, following the loss of habitat. In order to help stop their spread, make sure that the plants that are growing in your yard or garden are native to your region, and replace those that are not with native plants. Ask your nursery for advice, or consult with various Web sites such as nature.org's invasive species section, USDA's Natural Resources Conservation Service site or invasive.org for more information.

(Source: The Nature Conservancy)



		F	lower Mont	th			
Su	N N	Mon	Tue	WED	Тни	Fri	SAT
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	Flower: Lily of the Valley	;		Plant Give-a-Way USDA	Plant Give-a-Way USDA		Cinco De Mayo
	6	7	8	9	10	11	12
		N	ational Teacher Day			Military Spouses Day	Kite Day
	13	14	15	16	17	18	19
Mother	r's Day		Lo	ove-a- Tree Day	Safety Awareness Day		Armed Forces Day
	20	21	22	23	24	25	26
	27	28	29	30	31		

Memorial Day

## June 2007

TUE

	Dairy Month

SUN

Mon

EMS Team

Meeting

Summer's here which means
it's time to break out the
Lawnmower and help your
garden grow. Below are some
easy-to-use tips to help keep
your summer projects
environmentally friendly.

Lawn and Garden

#### **Lawn Care and Pesticides:**

Apart from the serious health threats to both humans and wildlife posed by the direct ingestion of pesticides, they can also cause allergic reactions. Natural regimes like pH balance, aeration and natural fertilizers can often be combined to provide a healthy lawn, without resorting to harsh chemicals. To learn more visit the EPA's Lawn and Garden site.

Source: <u>National Resource Defense</u> <u>Council</u>



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	Flower: Rose						
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## The West True Care

July Fourth weekend is a time to get together with friends and family, fire up the barbecue and enjoy the outdoors. Below are some simple ways to plan a gathering that ensures your party is a big hit with your guests, not on the environment.

#### **Cutting down on clutter:**

Reusable plates, cups and cutlery can greatly decrease the amount of solid waste generated by a Fourth of July celebration. If this option is impractical, use recycled paper plates and biodegradable cutlery to ensure that the remains of your party don't stick around long after its over. For more information visit: bpiworld.org

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	RS		23 IS Team	24	25	26	27	28
	Hamme	ock Day <u>N</u>	<u>leeting</u>					
>		29	30	31				



## August 2007

#### Water Quality Month

Water Conservation
The dog days of summer are
upon us! This time of year
creates great pressure on our
freshwater resources. And with
almost half of our nation's
rivers and streams threatened or
impaired, freshwater is
increasingly in short supply.
Below are some simple ways
you can help.

#### In the Shower

Low-flow shower heads reduce water flow from five gallons per minute down to about two gallons per minute. This small change can save over 5,400 gallons of water a year!

#### In the Yard

Water your lawn or garden in the morning, when water evaporates less quickly

#### In the Kitchen

Since a dishwasher uses the same amount of water regardless, make sure it is loaded fully before running. When in the market for new appliances, consider water and energy saving models.

(Source: Earth 911)



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or	Flower: Poppy				Wa	National termelon Day	Coast Guard Day
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d	EM <u>N</u>	IS Team leeting					
	26	27	28	29	30	31	

Woman's Equality Day

## September 2007

#### Baby Safety Month

TUE

1 ne	Facts	on H	ybrias

SUN

23/30

First Day of

Autumn

24

25

Mon

Gas Prices continue to climb. We are continually increasing our understanding of the link between pollution and climate change. The EPA estimates that transportation produces 27% of the country's emissions of greenhouse gases. With every day that passes, hybrid cars are looking like a savvier investment for a host of different reasons. But what is a hybrid car and what benefits do they really provide? Check out these helpful web sites if you are considering going hybrid.

www.hybridcenter.org www.hybrid-car.org www.Ineed2know.org www.Fueleconomy.gov

(Source: The Nature Conservancy)



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	16	17	18	19	20	21	22
	EMS T Meetin		National Pollution	Prevention	Week	POW/MIA Recognition Day	

26

WED

THU

FRI

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Visit the Fort Detrick Environmental Management Office website at: <a href="http://www.detrick.army.mil/usag/ipo/em/index.cfm">http://www.detrick.army.mil/usag/ipo/em/index.cfm</a>

28

Native American Day 29

### October 2007

#### Lupus Awareness Month

	<b>Demystifying</b>
	What's Green
<b>Energ</b>	yStar, and Organics

For almost anything you buy today, there are options that decrease the impact made on our natural environment. But different standards govern different technologies, and the benefits aren't always spelled out. Below is a list of three of the most common efficiency and sustainability standards, with links to more information.

#### **Energy Star®**

This program sets energy efficiency thresholds for everything from light-bulbs to houses. Visit energystar.gov

#### **Organic**

Organic crops are defined as being produced without the use of conventional pesticides, fertilizers with synthetic ingredients, sewage sludge, bioengineering, or ionizing radiation. Visit usda.gov



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		EMS Team Meeting	Bosses Day				
	21	22	2 23	24	25	26	27
							Navy Day



28

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31

Daylight Savings Time Ends

Halloween

## November 2007

#### Good Nutrition Month

#### A Green Thanksgiving

Americans generate an additional 5 million tons of trash during the holiday Season 4 million tons of which is made up of shopping bags and wrapping paper. Additionally, The USDA estimates that 96 billion pounds of food are discarded nationally every year. Below are some simple ways to start making a difference.

#### Homework

When preparing for houseguests, there are many non-toxic, natural alternatives to harsh chemical cleaning products. Natural cleaning products can be found at <a href="mailto:es.epa.gov">es.epa.gov</a>, <a href="mailto:ucsusa.org">ucsusa.org</a> and <a href="mailto:simpleliving.net">simpleliving.net</a>. (Source: <a href="mailto:EPA">EPA</a>)

# Cutting Waste Using "the good china," silverware and cloth napkins for Thanksgiving dinner can help ensure an environmentally-friendly holiday, as disposable dinner items, add unnecessarily to the waste generated during this time. Also, take the opportunity to begin composting this fall for your

(Source: The Nature Conservancy)

spring garden.

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g	Sun	Mon	Tue	WED		Тни	Fri	SAT
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)	Veteran's Day	EMS Team Meeting			<u>A</u> <u>Rec</u>	America cycles Day		
	18	19	20		21	22	23	24
e					Tha	anksgiving		
	25	26	27		28	29	30	

## December 2007

#### Safe Toy and Gift Month

#### **Shopping for the Holidays**

The easiest way to cut down on unnecessary waste during the holiday season is shopping with reusable cloth bags as Americans alone throw away roughly 100 billion plastic bags a year! At the very least both paper and plastic grocery bags should be recycled, and most grocery stores will collect plastic bags for this purpose.

Source: Worldwatch Institute

#### Eat Healthy

There is growing scientific evidence that sustainably-raised meats and produce are actually better for your health. Locally-produced goods also tend to use less energy to create and bring to market. A growing number of people also feel that local meats and produce just taste better. Visit eatwellguide.org to search for stores featuring local produce, meats and poultry

(including turkeys!) near you. Source: Sustainable Table



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	16	17	18	19	20	21	22
							First Day of Winter
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		(	Christmas	Kwanzaa Begins			
	-/a-						

30

31

New Year's Eve